

**Cleaning and Disinfecting Guidance
Plan, Prepare and Respond**

Develop a Plan

Evaluate your center, most surfaces and objects will require “normal”, routine cleaning. Frequently touched surfaces and objects like light switches and doorknobs will need to be cleaned and then disinfected to further reduce the risk of germs on surfaces and objects. Other high-touch surfaces and equipment will require additional scheduled cleaning and disinfecting. Surfaces must be cleaned before they are disinfected.

Cleaning

- The removal of visible soil to prepare for disinfection.
- Some organic or inorganic material can interfere with the effectiveness of disinfectant.
- Use a clean, reusable cloth or disposable wipe.
- Apply friction to remove gross contamination.
- Rinse or wipe with cloth dampened with water to remove cleaning product residue.

Disinfecting

- The process of destroying pathogenic microorganisms.
- Disinfectants destroy the cell wall of microbes or interfere with their metabolism.
- Read and follow the instructions provided by the disinfectant manufacturer.
- Observe the contact time by ensuring the surface being cleaned stays wet for the time indicated and allowed to air dry.

Always use EPA approved disinfectants that are labeled for use against the pathogen

Clean and disinfect all “high-touch” surfaces daily and as needed; include all high-touch surfaces and create daily and high touch cleaning checklists.

Create a Checklist

- Determine who is responsible for cleaning and disinfecting.
- Educate on technique and contact times for disinfectant solutions.
- Perform “grand rounds” with the interdisciplinary team to identify high risk areas to be added to the “high-touch” surface checklist.
- Review checklists at the monthly infection control meeting and report areas of non-compliance to the QAPI Committee for review/recommendations.

<https://www.cdc.gov/coronavirus/2019-ncov/community/clean-disinfect/index.html>

<https://repository.netecweb.org/files/original/fb5128e83021383c6ee969b886452bfb.pdf>

High-Touch Room Surfaces Checklist

Employee Name:	Date:	Room #:
High-Touch Room Surfaces	Date Completed	Disinfectant Used/Contact Time
Bed rails/controls		
Tray table (both surfaces) and positioning lever/buttons		
IV pole/pump control panel		
IV pumps		
Call light and cord		
Telephone		
Television control panel and/or remote		
Oxygen/Air/Suction controls (wall based)		
Bedside storage drawer handles		
Chair (seat and arm rests)		
Horizontal surfaces (windowsills/cupboards)		
Room light switch		
Room doorknob (inner only)		
Door frame area above/below door handle (inside only)		
High touch areas on equipment		
Check sharps container (replace per protocol if 2/3 full)		
Computer workstation (exposed surfaces)		
Alcohol gel dispenser		
Thermometers		
Other		
Evaluate the following additional sites for visible soil: <ul style="list-style-type: none"> • Floor/wall contamination • Horizontal surface contamination Empty/re-bag trash containers		

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