

Competency Checklist - Removing Personal Protective Equipment (PPE) Sample #1

PPE should be removed before exiting the resident room except a respirator, if worn. Remove the respirator after leaving the resident room and closing the door.

AREA OBSERVED	MET	NOT MET	COMMENTS
<i>Perform hand hygiene between any steps if hands become contaminated and immediately after removing all PPE</i>			
GLOVES <i>outside of gloves are contaminated</i>			
Using a gloved hand, grasp the palm area of the other gloved hand and peel off first glove			
Hold removed glove in gloved hand			
Slide fingers of ungloved hand under remaining glove at wrist and peel off second glove over first glove			
Discard gloves in waste container			
GOGGLES OR FACE SHIELD <i>outside of goggles/face shield are contaminated</i>			
Remove goggles or face shield from the back by lifting head band or ear piece.			
If the item is reusable, place in designated receptacle for reprocessing, otherwise discard in a waste container.			
GOWN <i>outside of gown are contaminated</i>			
Unfasten gown ties, sleeves should not contact your body when reaching for ties.			
Pull gown away from neck and shoulders, touching inside of gown only.			
Turn gown inside out			
Fold or roll into a bundles and discard in waste container			
MASK OR RESPIRATOR <i>outside of mask/respirator are contaminated DO NOT TOUCH</i>			
<i>If using a respirator, remove the respirator after leaving the resident room and closing the door.</i>			
Grasp bottom ties or elastics of the mask/respirator, then the ones at the top, and remove without touching the front			
Discard in waste container			
Wash hands or use an alcohol-based hand sanitizer			

NAME _____ DATE _____

EVALUATOR _____ DATE _____

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