

#### Learning Objectives

- Discuss current CMS guidance on communal dining
- · Identify conditions and steps to gradually open dining service
- · Discuss best practices used in carious dining setting

















AHCA

NCAL

**CENTERS for MEDICARE & MEDICAID SERVICES** 

#### Key Components to Reopening Dining – Core Principles

- Screening of all who enter the facility for signs and symptoms of COVID-19 (e.g., temperature checks, questions or observations about signs or symptoms), and denial of entry of those with signs or symptoms
- · Hand hygiene (use of alcohol-based hand rub is preferred)
- · Face covering or mask (covering mouth and nose)
- · Social distancing at least six feet between persons
- Instructional signage throughout the facility and proper visitor education on COVID-19 signs and symptoms, infection control precautions, other applicable facility practices (e.g., use of face covering or mask, specified entries, exits and routes to designated areas, hand hygiene)



https://www.cms.gov/files/document/qso-20-39-nh.pdf











### QUICK POLL

What are your current dining practices?



a. In Room dining onlyb. Limited dining for specific groups of residents (i.e., assisted, dementia, dysphagia)c. Dining room open to all residentsd. Other

## QUICK POLL

What is keeping you from opening communal dining?



- a. Level of spread too high
- b. Staffing challenges
- c. PPE shortage
- d. Awaiting 2<sup>nd</sup> vaccine shot
- e. Other











	th and Human Services -19 Phasing Guidance	<b>NEBRASKA</b> Good Life. Great Mission.		
Communal Dining	<ul> <li>Communal dining must be limited to residents.</li> <li>Residents may eat in the same room spaced at least 6 feet apart or with a plexiglass, with no more than 2 peop</li> <li>No more than 50% of capacity in a d</li> <li>If staff assistance is required, approp assisting residents, as well as use of</li> </ul>	with appropriate social dista ppropriate barriers in place, s le at a table. ining area at one time. riate hand hygiene must occ	ncing, such as	
http://dhhs.ne.g	ov/licensure/Documents/LTCCOVID19PhasingGuidance.pdf	22	AHC/ NCA	

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#### Dining Venue: Entrance/Exit

- Separate entrance and exit
- Alcohol based hand sanitizer on entry and exit
- 6 ft spacing marked on floor
- · Partitioned Hostess stand
- · By reservation only

nutrition alliance • Red carpet treatment













#### Menu · Soups - Frozen, canned · Sides - frozen, canned, dry, fresh o Instant mashed potato, au gratin, · Entrees - frozen, RTC scalloped o Lasagna, Mac and Cheese, stuffed o Instant rice, pilaf, wild rice shells • Frozen vegetables o Meatloaf, Salisbury steak, Hamburger, Salad Mixes Pot Roast, Beef Ribette Pre-cut carrots, zucchini o Southern Fried/Baked chicken, o Canned fruit Chicken Filet/Nuggets, Chicken Fried o RTE refrigerated pre - cut fruits Steak, Chicken Patty o Fresh fruit in season o Shredded Pork, BBQ Pork, Pork o Juices Chopette BIB, RTS, RTM o Tuna Salad, Chicken Salad, Peeled Hard boiled eggs HCA nutrition



WEEK 1 REGULAR *				(01) Convenient Cuisine			Week-at-a-Glance	
М	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	
BREAKFAST	JUICE HOT OR COLD CEREAL BACON SCRAMBLED EGG TOASTIJELLY MILK WHOLE COFFEE MARGARINE	JUICE HOT OR COLD CEREAL SAUSAGE PATTY FRENCH TOAST MILK WHOLE COFFEE SYRUP	JUICE HOT OR COLD CEREAL BACON SCRAMBLED EGG TOASTIJELLY MILK WHOLE COFFEE MARGARINE	JUICE HOT OR COLD CERAL SCRAMBLED EGG SAUSAGE PATTY PANCAKES MILK WHOLE COFFEE MARGARINE SYRUP	JUICE HOT OR COLD CEREAL EGG TO ORDER HASHBROWNS TOASTIJELLY MILK WHOLE COFFEE MARGARINE	JUICE HOT OR COLD CEREAL SAUSAGE PATTY BISCUIT MILK WHOLE COFFEE JELLY	JUICE HOT OR COLD CEREAL SCRAMBLED EGG CINNAMON TOAST MILK WHOLE COFFEE MARGARINE	
N 0 0 N	ROAST TURKEY MASHED POTATOES/GRVY SEAS GREEN BEANS ROLL/MARG STRAWBERRY SHORTCAKE MILK WHOLE BEVERAGE	CHEESE ENCHILADAS SPANISH RICE SHRED LETTUCE/TOMATO PINEAPPLE TIDBITS/CHERRY MILK WHOLE BEVERAGE	PULLED PORK MACARONI & CHEESE SEAS GREENS ROLL/MARG PEACH PIE MILK WHOLE BEVERAGE	MEATLOAF/KETCHUP SAUCE AU GRATIN POTATOES MIXED VEGETABLES CORNBREAD/MARG VANILLA PUDDING MILK WHOLE BEVERAGE	FRIED CHICKEN MASHED POTATOES BUTTERED CARROTS ROLL/MARG SUMMER FRUIT CUP MILK WHOLE BEVERAGE	LASAGNA TOSSED SALAD/DRSG GARLIC BREAD ICE CREAM MILK WHOLE BEVERAGE	CHEESE RAVIOLIMARINARA SCE GREEN SALAD/DRSG GARLIC BREAD STICK EMERALD PEARS MILK WHOLE BEVERAGE	
EVENIG	QUICHE LORRAINE GREEN SALAD/DRSG ROLL/MARG SEASONAL FRESH FRUIT MILK WHOLE BEVERAGE	PHILLY STEAK SANDWICH SWEET POTATO FRIES DELUXE COLESLAW BROWNIE MILK WHOLE BEVERAGE	VEGETABLE SOUP CHICKEN TENDERS CURLY FRIES BREAD STICK FRESH FRUIT CUP MILK WHOLE BEVERAGE	TOMATO SOUP GRILLED CHEESE SANDWICH BROCCOLI BACON SALAD APPLE COBBLER MILK WHOLE BEVERAGE	SALISBURY STEAK/GRVY PARSLEY NOODLES PEASI/PEARL ONIONS ROLL/MARG CHOCOLATE CAKE/ICING MILK WHOLE BEVERAGE	TUNA SALAD SANDWICH POTATO CHIPS CUCUMBER ONION SALAD AMBROSIA MILK WHOLE BEVERAGE	BBQ PORK RIBETTE BAKED BEANS CREAMY COLESLAW BISCUIT FRESH BAKED COOKIE MILK WHOLE BEVERAGE	
H S	BEVERAGE CHOICE OF SNACK	BEVERAGE CHOICE OF SNACK	BEVERAGE CHOICE OF SNACK	BEVERAGE CHOICE OF SNACK	BEVERAGE CHOICE OF SNACK	BEVERAGE CHOICE OF SNACK	BEVERAGE CHOICE OF SNACK	
nd ner	vegetable juice is available nu items must be tested at P	without a salt packet (NAS). I at all meals. All texture mod ioint of Service using IDDSI A uitable for each resident's m avy/sce.	lified Audit	nutrition alliance	MENU SURVICE Menus App Date: 2/7/21,2 4/18/21,4/26/2	roved By: 1, 11/14 + 14	۳۹۵۰۰. علیه ک 2/9/2021 1/21/21,3/28/21,4/4/21,4/11/21,	



#### Dining Set up & Service

- Bare tables
- 6 feet apart
- Disposable placemats or tablecloths
- Single use condiments & no sharing
- Wrapped silverware
- Disposables vs regular dish ware







## QUICK POLL

Do you use plexiglass on your dining tables?



a. Yes b. No

## QUICK POLL

If yes, do you maintain 6 ft distancing between residents?



a. Yes b. No, not required by our state regs







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#### **Dining Service**

- Hand hygiene between residents
- · Minimal service sequence
- · Keep dining time at 1 hour max
- Have 2 different staff members serve and bus tables
- Clean and disinfect tables and chairs after all residents are done
- If more than 1 seating, allow time to ventilate









#### Inform Residents

- WHO
  - $\circ$  Resident have a choice
  - Non-COVID-19/not on transmissionbased precautions
  - o Residents at high risk or independent?
  - Visitors
- HOW
  - $_{\odot}$  Memo to residents
  - o Get activities and nursing involved
  - Discuss process including meal-time, reservation/seating chart, rotation, core principles, menu



- WHERE
  - Dining venues
- WHEN
  - Start date
  - Stop Date situations when communal dining may cease













