

Competency Checklist - Removing Personal Protective Equipment (PPE) Sample #2

PPE should be removed before exiting the resident room except a respirator, if worn. Remove the respirator after leaving the resident room and closing the door.

AREA OBSERVED	MET	NOT MET	COMMENTS
<i>Perform hand hygiene between any steps if hands become contaminated and immediately after removing all PPE</i>			
GOWNS AND GLOVES <i>Gown front and sleeves and the outside of gloves are contaminated!</i>			
Grasp the gown in the front and pull away from your body so that the ties break, touching outside of gown only with gloved hands			
While removing the gown, fold or roll the gown inside-out into a bundle			
As you are removing the gown, peel off your gloves at the same time, only touching the inside of the gloves and gown with your bare hands. Place the gown and gloves into a waste container			
GOGGLES OR FACE SHIELD <i>outside of goggles/face shield are contaminated</i>			
Remove goggles or face shield from the back by lifting head band or ear piece.			
If the item is reusable, place in designated receptacle for reprocessing, otherwise discard in a waste container.			
MASK OR RESPIRATOR <i>outside of mask/respirator are contaminated DO NOT TOUCH</i>			
<i>If using a respirator, remove the respirator after leaving the resident room and closing the door.</i>			
Grasp bottom ties or elastics of the mask/respirator, then the ones at the top, and remove without touching the front			
Discard in waste container			
Wash hands or use an alcohol-based hand sanitizer			

NAME _____ DATE _____

EVALUATOR _____ DATE _____

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This policy and procedure is not intended to replace the informed judgment of individual physicians, nurses or other clinicians nor is it intended as a statement of prevailing community standards or minimum standards of practice. It is a suggested method and technique for achieving optimal health care, not a minimum standard below which residents necessarily would be placed at risk.